



New South Wales Ice Skating Assoc Inc

Test Guidelines For Skaters

Tests are an important part of skating and NSWISA aims to provide regular test sessions throughout the year for skaters. Please read the following guidelines so you are prepared for your test.

When attending a test session it is important to be early and be prepared for your test. Arrive at the rink at least 45 minutes prior to your test as there could be schedule changes and like competitions, tests can run early or late. At tests sessions, this is particularly dependant on the number of repeats required by candidates. Hopefully everyone will skate their best and repeats won't be required, but please be ready and be patient when waiting to skate your test so all skaters can be given the best opportunity to pass their tests.

It is important to remember that test sessions are similar to competitions in that skaters are being assessed on their performances by judges. Judges are not only looking for the key technical elements that are required to pass each test but also the performance of each skater. It is important that skaters look presentable and are dressed appropriately if not in competition attire. Judges need to have a clear view of body positions, etc. in order to accurately mark elements. Ensuring hair is neatly tied back (when long enough to be appropriate) will assist with limiting distractions when skating and will allow you to concentrate on your skating.

Judges are not paid, they are volunteers who give up their time to judge tests. They are well trained, have evaluated many tests and are respected within the skating community. As such, it is important to make your best effort to act and dress in the manner befitting the occasion. Tests shouldn't be a scary experience. Judges always look to pass skaters where possible so the more prepared you are, the easier their job will be! Mistakes happen in skating and that's why there may be the opportunity to repeat certain elements depending on the rest of the marks awarded.

Judges will be happy to provide feedback on your performance to assist you to continue to improve your skating. They are there to help and will be happy to answer any questions you may have. If you have any questions or need any clarifications during your test, feel free to ask. The aim is to make tests a positive experience that allows skaters to demonstrate their skills in order to progress to the next level in skating.

Good luck for your test!