

SENIOR DANCE

ELIGIBILITY

Participation in the Senior Dance Championship shall be open to members of a State association who have, at the closing of entries, passed the Senior Dance Test or its equivalent.

REQUIREMENTS, DEFINITIONS & REMARKS	DURATION
<p><u>COMPULSORY DANCES</u> (ISU Rules 607 & 608 & Communication 1449 and subsequent updates)</p> <p># 7 Viennese Waltz #15 <u>New Quickstep (Finnstep)</u> #16 Paso Doble</p> <p>One or two Compulsory Dances may be announced for Competitions and two Compulsory Dances for State & Australian Championships.</p>	<p>3 sequences Number of sequences TBC 3 sequences</p>
PROGRAM REQUIREMENTS, DEFINITIONS & REMARKS	PROGRAM DURATION
<p><u>ORIGINAL DANCE</u> (See ISU Rule 609 & Communications 1449 and subsequent updates)</p> <p>The Original Dance is the skating by a couple of a dance of their own creation to dance music they have selected for the designated rhythm(s). The original dance must reflect the character of the prescribed dance rhythm(s) and be translated to the ice by demonstrating technical skill with steps and movements along with flow and the use of edges.</p> <p>Rhythm Combination Type: <u>Rhythms of the “Roaring Twenties”</u></p> <p><u>The couple may choose to skate one of the mentioned rhythms (eg Charleston, Blues etc) or combine up to 3 different rhythms. If only (2) rhythms are chosen, (1) of the rhythms may be repeated but the tune could be different.</u></p> <p><u>Some of the rhythms are described in the “Ice Dance Music Rhythms Booklet and Compact Disc 1995”, pages 22 and 23. The dance must reflect ballroom, social and or street dance character and style translated to the ice by flow and use of edges.</u></p> <p><u>Any variations of tempo or rhythm within a music chosen will be permitted. Vocal must is permitted.</u></p> <p>Further guidelines will be published by the ISU in due course.</p> <p>Specific instructions for the Required Elements will be published in an ISU Communication.</p>	<p>2 min 30 sec plus or minus 10 sec (ISU Rule 641 & applicable Communications)</p> <p>If competitors fail to finish a program within the allowed range of time, there will be a <u>1.0 point</u> deduction for up to every five <u>(5) seconds</u> lacking or in excess.</p>

SENIOR DANCE (CONT)

Original Dance Requirements/Restrictions.

Excerpts from Rule 609 as shown below must be strictly observed with the following exceptions/additions as underlined:

- a) The incorrect selection of music for the rhythm(s) chosen must be penalized by the judges.
- b) Only music with a rhythmic beat may be used and the couple must skate to the rhythmic beat.
- c) The musical introduction to the Original Dance may be without beat or melody for a maximum of 10 seconds.
- d) The duration of the original dance shall be two (2) minutes thirty (30) seconds (plus or minus 10 seconds). The time must be reckoned from the moment when one of the couple begins to move or to skate until both partners arrive at a complete stop at the end of the program.
- e) Except during the required step sequences, the pattern of the dance must proceed in a generally constant direction (either clockwise or anti-clockwise) and must not cross the long axis of the ice surface except once at each end of the rink (not more than 20 meters from the barrier). Loops in either direction are permitted provided that they do not cross the centre axis.
- f) All steps, turns, rotations and changes of hold are permitted provided that they are appropriate to the rhythm. Difficult, original, varied and intricate footwork is required for both skaters. For the linking footwork/movements, a program that relies heavily on the use of chasses and progressives (runs), posing and one directional skating is considered to be less difficult than one containing changes of edge, rockers, choctaws and other such steps and turns, and multi-directional skating. Hops and jumps of no more than (1) full rotation are permitted. These jumps with up to (1) rotation may not be performed simultaneously (and are not permitted at all in either step sequence. Excessive skating on two feet, by either partner or both, is considered as showing the inability to skate or maintain balance. However, one highlight for which one or both partner(s) are on two feet may be included (maximum duration – 5 seconds). Toe steps, kneeling or sliding on two knees and/or performing a full split position on the ice is permitted if not used excessively. Touching the ice with hand(s) is not permitted. A program which is choreographed so that its performance extends to all sides of the arena is preferable to one directed to only the judges' side.
- g) Partners must not separate except to change dance hold, to perform the midline step sequence or the permitted full stop. Separations at the beginning and/or end of the program up to 10 seconds in duration without restrictions on distance of the separations.
- h) There are no restrictions on dance holds, except for the required step sequence. Skating in hand-in-hand hold with fully extended arms is not allowed.
- i) After the clock is started with the first movement, the couple must not remain in one place (even if doing brief extra stops which are permitted) for longer than 10 seconds. During the program, (1) full stop (maximum duration: up to 10 seconds) or (2) full stops (maximum duration up to 5 seconds each) are permitted. Any choreography appropriate to the music selection (including a separation of not more than 2 arms length apart) may be included.

PROGRAM REQUIREMENTS, DEFINITIONS & REMARKS	PROGRAM DURATION
<p><u>FREE DANCE</u> (See ISU Rule 610 and the definitions in Rule 604 & applicable Communications)</p>	<p><u>4 min</u> plus/minus 10 sec (ISU Rule 641)</p> <p>If competitors fail to finish a program within the allowed range of time, there will be a <u>1.0 point</u> deduction for every five <u>(5) seconds</u> in excess.</p>
<p>Required Elements for Free Dance:</p> <p>To be published by the ISU in due course.</p>	