



## Ice Skating Australia Incorporated

Incorporated in the ACT  
Affiliated to the International Skating Union  
ARBN 090 675 246 ABN 92 108 686 740

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September 4, 2008

Dear Skaters,

I have recently taken over the Anti-Doping Control Officer (ADCO) role within ISA.

Skaters (or Parents/Guardians of Skaters) will need to communicate with me regarding any substances the Skater is using or may be using; these include all prescribed or over-the-counter medications, traditional medicines, homeopathic medicines, herbs, supplements and vitamins. I will be keeping copies of all forms that I receive for ISA record-keeping purposes, please be aware that these will be maintained in accordance with current medical record keeping legislation.

- If the Skater is under 18 years of age, their Parent/Guardian will need to co-sign all forms that are submitted to me. Please be aware the Skater also needs to sign the forms.
- If the medication is asthma-related, you will need to submit an Abbreviated Therapeutic Use Exemption<sup>1</sup> (ATUE) form.
- For all other medications, a Therapeutic Use Exemption<sup>2</sup> (TUE) form is to be submitted to me, that I will then forward on the Skater's behalf to the Australian Sports Drug Medical Advisory Council (ASDMAC)<sup>3</sup> for approval. Once approved by ASDMAC, I will notify the Skater.
- For both ATUE and TUE forms, please ensure your doctor writes the *generic* drug name, not the *trade* name.
- ATUE and TUE forms are available on the WADA website (<http://www.wada-ama.org/en/exemptions.ch2>)
- Please note that ASADA is planning to eliminate ATUEs from January 2009 in favour of retrospective ATUEs if Skaters test positive for certain substances. *However this is yet to be confirmed.*

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<sup>1</sup> <http://www.asada.gov.au/substances/exemptions/atue.htm>

<sup>2</sup> <http://www.asada.gov.au/substances/exemptions/tue.htm>; <http://www.wada-ama.org/en/exemptions.ch2>

<sup>3</sup> <http://www.asdmac.org.au/>

I am currently drafting a new ISA Anti-Doping Policy (ADP) that will correlate with changes made by the Australian Sports Anti-Doping Authority (ASADA) which will become effective January 2009. The new Anti-Doping Policy will be published and distributed as soon as practical. Please familiarise yourselves with the new policy come January 2009.

I am more than happy to answer any queries, please contact me if needed.

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