

	SATURDAY MORNING SEPTEMBER 12TH 2026 - OFFICIAL PRACTICE.						Version 1		
	OFFICIAL PRACTICE - 10 MINS EVERY TEAM								
	TEAM	PROGRAM	DR	ENTER DR	EXIT DR	WAIT AT RINKSIDE	ENTER ICE	EXIT ICE	EXIT DR
1	ADULT ADV TEAM 1	ADULT ADV FS	1	06:45	07:12	07:13	07:15	07:25	07:50
2	SYNCHRO 9 - JUN	STARTING ROUND	2	06:55	07:22	07:23	07:25	07:35	08:00
3	JUNIOR SP & FS TEAM 1	JUN SP	3	07:05	07:32	07:33	07:35	07:45	08:10
4	ADULT TEAM 1	ADULT FS	4	07:15	07:42	07:43	07:45	07:55	08:20
5	ADULT TEAM 2	ADULT FS	5	07:25	07:52	07:53	07:55	08:05	08:30
6	BASIC NOVICE B TEAM 1	BN FS	6	07:35	08:02	08:03	08:05	08:15	08:40
	ICE CUT 8:15 - 8:30								
7	BASIC NOVICE TEAM 1	BN FS	1	08:00	08:27	08:28	08:30	08:40	09:05
8	BASIC NOVICE TEAM 2	BN FS	2	08:10	08:37	08:38	08:40	08:50	09:15
9	BASIC NOVICE TEAM 3	BN FS	3	08:20	08:47	08:48	08:50	09:00	09:25
10	BASIC NOVICE TEAM 4	BN FS	4	08:30	08:57	08:58	09:00	09:10	09:35
11	BASIC NOVICE TEAM 5	BN FS	5	08:40	09:07	09:08	09:10	09:20	09:45
12	MIXED AGE TEAM 1	MA FS	6	08:50	09:17	09:18	09:20	09:30	09:55
	ICE CUT 9:30 - 9:50								
13	MIXED AGE TEAM 2	MA FS	1	09:20	09:47	09:48	09:50	10:00	10:25
14	MIXED AGE TEAM 3	MA FS	2	09:30	09:57	09:58	10:00	10:10	10:35
15	MIXED AGE TEAM 4	MA FS	3	09:40	10:07	10:08	10:10	10:20	10:45
16	MIXED AGE TEAM 5	MA FS	4	09:50	10:17	10:18	10:20	10:30	10:55
17	MIXED AGE TEAM 6	MA FS	5	10:00	10:27	10:28	10:30	10:40	11:05
18	MIXED AGE TEAM 7	MA FS	6	10:10	10:37	10:38	10:40	10:50	11:15
	ICE CUT 10:50 - 11:10								
19	AUSSIE SKATE 2	AUS SKATE 2	1	10:40	11:07	11:08	11:10	11:20	No Exit
20	JUVENILE	JUV FS	2	10:50	11:17	11:18	11:20	11:30	No Exit
21	SENIOR TEAM 1	SEN SP	3	11:00	11:27	11:28	11:30	11:40	12:05
22	SENIOR TEAM 2	SEN SP	4	11:10	11:37	11:38	11:40	11:50	12:15
23	SENIOR TEAM 3	SEN SP	5	11:20	11:47	11:48	11:50	12:00	12:25
	ICE CUT 12:00 - 12:30								