

**NOVICE DANCE**

**ELIGIBILITY**

(ISA Rule 560)

Participation in a Novice Dance Championship shall be open to members of a State association who have, at the closing of entries:

1. passed the Novice Level Dance Test or its equivalent;
2. not won a previous Novice Dance Championship of Australia, except that where the partners have not reached the age of 15 for ladies and 17 for men by 1 July in the year in which the event takes place, the title may be defended; or
3. only one partner has won a previous Novice Dance Championship of Australia, and ;
4. only one partner has competed in a Junior Dance Championship (State, Australian or other).

REQUIREMENTS, DEFINITIONS & REMARKS	DURATION
<p><b>COMPULSORY DANCES</b> (ISA Rules 336, 337, 557 &amp; ISU Rules 607 &amp; 608 Group (3)</p> <p>#21 Tango #12 Kilian #6 Westminster Waltz</p> <p>One or two Compulsory Dances may be announced for Competitions and two Compulsory Dances for State &amp; Australian Championships.</p>	<p>2 sequences 6 sequences 2 sequences</p>
<p><b>ORIGINAL DANCE</b> See ISA Rules 338 &amp; 558 &amp; ISU Rule 609</p> <p>The Original Dance is the skating by a couple of a dance of their own creation to dance music they have selected for the designated rhythm. It must reflect the character of the prescribed dance rhythm and be translated to ice by demonstrating technical skill in steps and movements along with flow and the use of edges.</p> <p>Group 3 - Waltz (30-66 measures/minute, 90-198 beats/minute)</p> <p>(2) elements must be included: (1) Diagonal, Midline or Circular Step Sequence, extending from barrier to barrier as far as is practicable. The step sequence must incorporate footwork for both partners and <u>varied dance holds are permitted</u>. Except during the required footwork sequence, the pattern of the dance must proceed in a generally constant direction (either clockwise or anti-clockwise) and must not cross the long axis of the ice surface except once at each end of the rink (within no more than 20 metres from the end barriers). Loops in either direction are permitted provided they do not cross the long axis.</p> <p>(1) Dance Spin, with a minimum of (2) revolutions on one foot for each partner. The position is optional. Pulling or pushing the partner by the boot and/or leg is not permitted. The partner may be aided by holding the foot and/or leg only during the required dance spin. One full stop is allowed which must not exceed (5) seconds in duration. Any choreography (including a separation) is permitted during the stop. A stop may not be included in the required step sequence. No spins or pattern regressions are permitted during the step sequence.</p>	<p>1 min 30 sec plus or minus 10 sec (ISA Rule 335)</p> <p>If competitors fail to finish a program within the allowed time, there will be a <u>1.0 point</u> deduction for up to every five (5) seconds lacking or in excess.</p>

**NOVICE DANCE (CONT)**

**REQUIREMENTS, DEFINITIONS & REMARKS**

**ORIGINAL DANCE** See ISA Rules 338 & 558 & ISU Rule 609 (cont)

**Remarks:**

- Vocal music is permitted. Only music with a rhythmic beat may be used. Couples must skate to the underlying beat and not only to the melody. The musical introduction may be without beat or melody for a maximum of ten seconds.
- All steps, turns, rotations and changes of position are permitted if they are appropriate to the rhythm and the music chosen. Footwork is required for both skaters and a program that relies heavily on the use of chassés and progressives (runs) is considered less difficult than one containing changes of edge, turns, mohawks, choctaws and other such steps. Repetition of any step or sequence is permitted. Toe steps and a few small hops (without rotation) for one or both partners may be included if they are appropriate to the rhythms and the music chosen. One skate of each partner must remain on the ice at all times except during the small hops. Skating on two feet (resulting from the inability to skate or maintain balance) by one or both partners shall be penalised.
- Kneeling or sliding on both knees during the program is not permitted. Skating or posing with a hand (or hands) on the ice is not permitted at any time including the introduction and conclusion. Partners must not separate except to change dance hold or to perform brief movements in character with rhythm and music chosen or to perform a required element (if specified). There are no restrictions on dance holds, arm movements, handclaps and the like that are interpretive of the music. Brief hand-in-hand positions to express the character of the rhythm are permitted except during the required step sequence.

**REQUIREMENTS, DEFINITIONS & REMARKS**

**DURATION**

FREE DANCE ISA Rule 339 & ISU Rule 610

The emphasis should be placed on steps, flow and timing rather than on lifts.

A maximum of (5) elements:

(1) Diagonal, Midline or Circular Step Sequence, extending from barrier to barrier as far as is practicable. The step sequence must incorporate footwork for both partners and varied dance holds are permitted. Lifts, jumps, dance spins and stops are not allowed during the step sequence.

(1) Dance Spin, with a minimum of (2) revolutions on one foot for each partner. The position is optional.

A maximum of (3) Lifts selected from Straight Line, Curve, Serpentine or Rotational Lifts which, if included, must demonstrate good control of ascending, descending and rotational movements. Reverse Rotational lifts are illegal and will incur a 2.0 penalty for each illegal element dance spin, with a minimum of (2) revolutions on one foot for each partner. The position is optional.

2 min 30 sec plus or minus 10 sec (ISA Rule 335)

If competitors fail to finish a program within the allowed time, there will be a 1.0 point deduction for up to every five (5) seconds lacking or in excess.

NB: IJS calling requirements as per ISU.